

Evolution Summer Camp



FUN, FLIP AND SWIM!

Evolution Training Center, LLC
360 Milltown Road
Bridgewater, NJ 08807
908-450-0384
www.TheEvolutionGym.com



Parent Handbook
2015



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Our Summer Camp

Our summer camp at Evolution extends beyond typical day camps. We strive to give all campers a safe and friendly environment, giving them a fun place to spend long summer days while building friendships that can last a life-time.

Evolution Weekly Summer camp for ages 12 and under has something for everybody! Work on tumbling skills, have fun with outdoor and indoor sports and entertainment, games, arts & crafts, Pizza Friday's and swim days at a private local swim club (transportation included). In addition, two of our weeks include instructional tumble time to help athletes advance their tumble skill level.

2015 Evolution Camps start June 22nd and run through July 31st.

Camp Staff

Evolution maintains qualified, well-trained staff to conduct all programs. The summer camp staff members are innovative and creative individuals who love working with children. All staff are First Aid and CPR certified.

Getting Started

First, pick you weeks, week and/or days. Feel free to mix and match.

Full Day Camp	9:00am-4:00pm
Half Day AM:	9:00am-12:00pm
Half Day PM:	1:00pm-4:00pm
Before Care:	7:00am-9:00am
After Care:	4:00pm-6:00pm

Camp Sessions and Dates:

Week	
June 22 – June 26	Let's Get Summer Going
June 29 – July 3	Firecracker Fun **
July 6 – July 10	Wild Water Days
July 13 – July 17	Mix It Up
July 20 – July 24	Terrific Tumble **
July 27 - July 31	Mix It Up More

** Includes tumble skill advancement

Program Cost

The option of full day camp for ages 6-12 or Half Days for ages 3-12 is available!

Full day is 9am-4pm for \$310/week.

Half Day is 9:00am-12:00pm or 1:00pm-4:00pm for \$175/week.

Early drop-off or late pick-up are available for \$18 per 2 hour accommodation.

Daily registration accepted. Some restrictions apply. Pre-registration required.

Arrival and Departure

Arrival and Departure of Campers:

Evolution Training Center
360 Milltown Rd, Bridgewater, NJ 08807

Arrival:

Campers can arrive as early as 8:45am. Anyone arriving before 8:45am will be charged for AM care. Parents checking in their child for AM care or at any other time past 9:15am must park and walk their child in to the check-in desk.

Parents checking campers in for PM camp can arrive as early as 12:45pm.

Check Out:

Check Out is at 12:00pm for half day AM campers and 4:00pm for for full day and PM campers. All campers must be signed out at the front desk at the end of their day.

Early Pick-Up or Late Arrival:

If you are picking up early or arriving late to camp, please try and let us know ahead of time.

Camp Attire

Please remember to dress your child appropriately for camp. Campers should wear comfortable clothing and sneakers. Flip flops and sandals will limit the activities that the child can participate in.

For swimming, please pack a bathing suit and towel. Please also pack sunscreen daily. Label everything.

Potty Training

Children must be fully potty trained in order to participate in our camps.

Lunch and Snacks:

Kids attending the full day camps should bring a labeled lunch daily, except on Fridays when we will be providing pizza. Please refrain from packing peanut-based items as well as items that will require refrigeration. Children in the ½ day programs do not need lunch.

Please pack children sufficient morning and afternoon snacks and drinks. They are very active during the day and tend to be hungry frequently. Extra water is always recommended. A snack vending machine and drink vending machine are available onsite.

Behavioral Guidance

In order to promote your child's physical, intellectual, emotional, and social well being and growth, staff shall interact with the child and one another to provide needed help, comfort, support.

We do expect that everyone:

- Respect personal privacy and belongings
- Respect differences in cultural, ethnic, and family backgrounds
- Promote ways of getting along
- Respect camp safety rules

Behavioral guidance will be constructive in nature, age and stage appropriate, and will be intended to redirect children to appropriate behavior and resolve conflicts. Parents will be notified when persistent behavioral problems are identified and will include any disciplinary steps taken in response.

Medication Policy

Our medication policy is primarily established to accommodate the administration of medications(s) commonly prescribed by physicians for the treatment of short term illnesses. All staff are CPR and First Aid certified.

Prescription and "over-the-counter" medications will not be dispensed without written consent from the child's parent.

- Keep all medication in the original container with the prescription label / direction label attached.
- Medication must be labeled with the child's name, the name of medication, the dosage amount, and the time or times to be given.
- Hand all medication (including inhalers, etc.) to the camp manager. Campers are not allowed to keep medications on their person, in their backpacks or lunch bags.
- All medications will be locked up and given to your child at the prescribed time.

Allergies:

Please make sure your child's allergies as well as how they react are updated in the health history form. Please provide all necessary medication in case of an allergic reaction.

Illness:

If your child is not feeling well before camp, please do not send them. Call the front desk at 908-450-0384 to notify us that your child will be absent. If your child becomes ill during the camp day, they will be brought to the front desk and every effort will be made to contact you. If you can't be reached, we will call the "Emergency Contact" listed on your registration.

Enrollment/ Withdrawal and Payment Policies

Cancellation policy

Evolution reserves the right to cancel or change program schedules due to enrollment and/or weather conditions.

Refunds will not be given at any time for programs cancelled by participants. Participants who cancel at least 24 hours prior to the start of the day may submit a credit request, which is subject to a \$20 processing fee. There is also a \$100 non-refundable deposit per week per camper (\$50 for weekly ½ day campers). All credits are subject to the director's approval.

Transfer policy

Any participant wanting to transfer camp weeks or camp days must do so by at least 24 hours prior to the start of the camp week or day. Any other transfers are subject to a \$20 processing fee.

Swim Club and Field Trips



One day per week we transport our campers to a private, local swim club, The swim club is staffed by certified lifeguards and Evolution staff remains at the swim club during the entire stay.

All full day and afternoon campers will have a swim afternoon at the Juniper Lane Swim Club in Bridgewater, weather permitting, 1 day per week on Tuesday's (rain day makeup Thursday) We will transport them to and from the facility. Departure from Evolution is 1PM and return 4PM.

For swimming, please pack a bathing suit, floaties* (if needed), flip flops, sunscreen, extra drinks and snacks and towel.

Juniper Lane swim and behavior policies will be followed and can be found at <http://www.jlsc.org/>. All swimmers will be swim- tested upon arrival at the pool and receive a wrist band upon

passing in order to use the deep area. (Multiweek campers need to retain their wristband to avoid a weekly test). Rafts are not permitted in the pool. However, balls, noodles and other low profile items are fine.

Occasionally, we plan additional field trips to North Branch park, Kids Street park or other easily accessible venues. These are not planned in advance due to weather and enrollment considerations. If a field trip is planned, parents will be notified in advance.

Lost and Found

It is highly recommended that you label all items (clothing, towels, lunch boxes, water bottles, etc.) with your child's name. While we make every effort to keep all campers' belongings in their backpack, cubbie or on their person, Evolution will not be held responsible for lost or stolen items.

We have a lost and found bin at the main entrance for your convenience. At the end of each week, unclaimed items will be collected and taken to Goodwill. Please make a quick check of your child's backpack at the end of the camp day before leaving. Lost items are much easier to recover on the same day they are lost.

Please do not send the following to camp:

- Any expensive electronic games / devices (including, but not limited to: Gameboys,PSPs, iPods, etc.) or other valuable items
- Excess money (small amounts for snack machines are fine)
- Trading Cards or collectables
- Guns, knives or weapons of any sort - fake or real

** Cell phones - We understand that most children carry a cell phone. Please have your child leave their cell phone in their backpack or check it in with the front desk. It may be used while in the locker area or front desk area, but are easily lost inside the gym activity area and are not permitted.

Health History Form

Campers Name _____

Birthdate _____ Age _____ Sex _____

Parent/Guardian:

Name _____

Home Phone _____

Cell _____

Emergency contact if above not available:

Name _____

Home Phone _____

Cell _____

Alternate Pick-Up designees:

Name _____ Phone _____

Name _____ Phone _____

Does child experience frequent:

Headaches _____ Ear Infections _____ Asthma _____ Cold/Flu _____ Strep Throat _____

Recent serious illness or injury:

Recent hospitalization: _____

Seasonal Allergies: _____

Food Allergies: _____

Inhaler to be held at front desk? Yes No

Epinephrine Pen to be held at from desk? Yes No

Other Treatment _____

Preferred Hospital _____

Name of Doctor _____ Phone _____

Medical Insurance Carrier _____

Please list any restrictions for child while at camp. Please include activities & dietary.

Please list any information relative to behavioral or emotional issues useful to counselors

Health History statement: The health history is correct to the best of my knowledge, and the camper listed above has permission to engage in all camp activities without limitations, except as noted.

Emergency Authorization In the event I cannot be reached in an emergency, I hereby give permission to Evolution Training Center, LLC to obtain any and all necessary medical treatment for the child named above.

Signed: _____ Date: _____