

Evolution Training Center

ACRO

Tumble Class for Dancers

This specialty class is for dancers that would like to learn ACRO elements for dance routines. Focusing on body awareness, strength and balance, this class includes dancers of various levels and will work on handstands, forward rolls, back bends to more advanced skills, including handsprings and flips.

WEDNESDAYS

7:30PM-8:30PM

FALL 2016 REGISTRATION IS NOW OPEN

@ www.TheEvolutionGym.com

Under "Classes"

*Dance Schools- contact us for special pricing

**Call to inquire about our Early Registration Offer

360 Milltown Road
Bridgewater, NJ 08807