

Fall 2017 Session begins September 5th!

ACRO

TUMBLE CLASS FOR DANCERS

This specialty class is for dancers that would like to learn ACRO elements for dance routines. Focusing on body awareness, strength and balance this class includes dancers of various levels and will work on handstands, forward rolls, back bends to more advanced skills like handsprings and flips.

Wednesdays 7:30pm-8:30pm

*Dance Schools: contact us for special pricing!

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