

Fall 2014 – Summer 2015 - Tumble Schedule



Evolution Training Center, LLC
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www.TheEvolutionGym.com

Begins September 2nd and Ends August 28th 2015

**** Saturday Classes will end as of June 28th**

**Closed: Halloween October 31st, Thanksgiving November 27th – November 30th, Winter Break December 24th - Jan 1st
Spring Break March 30th – April 5th, Memorial Day May 23rd - May 25th, June 28th – July 5th**

Class Schedule

8/14/14

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Saturday |
|----------|--|--|------------------------------|---|--|--|
| 10:00 AM | | | | | | Beginner Tumbling (Ages 8 & under) USASF 1 USASF 2 |
| 11:00 AM | | | | | | Intro to Tumble Pre-School Tumble |
| 4:00 PM | USASF 1 USASF 2 Intro to tumble | | | | | |
| 4:30 PM | Jump Class (30) | | | | | |
| 5:00 PM | Beginner Tumbling (Ages 8 & under) Beginner Tumbling (Ages 9 & up) USASF 1 | USASF 1/1A (90) USASF 2 Flex Zone | Jump Class (30) | Pre-School Tumble Super Hero Training Learn to Cheer Flight School | | |
| 5:15 PM | | | | Mommy & Me (45) | | |
| 5:30 PM | | Beginner Tumbling (Ages 9 & up) USASF 1 | | | Beginner Tumble (8 & under) Beginner Tumble (9 & older) USASF 1 (90) USASF 2 (90) | |
| 6:00 PM | USASF 4 (90) | | USASF 2 (90) USASF 3 (90) | USASF 1 USASF 1A (90) USASF 2 (90) | USASF 1 | |
| 6:30 PM | | | USASF 1 USASF 4 (90) | | | |
| 7:00 PM | | | USASF 2 | | | |
| 7:30 PM | USASF 4 (90) USASF 5 (90) | USASF 2 (90) USASF 4 (90) | USASF 3 (90) USASF 5 (90) | USASF 3 (90) USASF 4 (90) | | |
| 8:00 PM | USASF 1/1A USASF 2 | Boys Extreme | | | | |

Evolution Training Center, LLC is a member of the United States All-Star Federation (USASF.NET) and follows the USASF tumbling guidelines.

Class Descriptions:

Mommy and Me: For children younger than 2 years old, the focus is on discovering natural movement –like swinging, climbing, balancing, tumbling and jumping– for the first time! All of this is wrapped up by music, games, FUN and the safety of mom (or dad!)

Pre-School: For ages 3-5, still surrounded by all the FUN of music and games, the emphasis shifts to basic skills and body positions -tuck, straddle, forward/backward, cartwheels, handstands- and incorporating balance, strength and coordination activities.

Intro to Tumble: For ages 4-6, some children advance very quickly through the basic skills, but are not quite age-ready for the Beginner level. This focus is on introducing more advanced skills and offers the opportunity to join our cheer and tumble exhibition team to show off their stuff!

Beginner Tumbling: Basic tumbling skills are the focus – forward & backward rolls, handstands, cartwheels, power hurdle & running 2 step round-offs.

USASF 1: Progression continues with standing back handspring and round-off back handsprings – minimum requirement is a proficient power hurdle & running 2 step round-off.

USASF 1 Advanced: Progression continues with round off multiple back handsprings and standing multiple back handsprings – minimum requirement is a proficient round off back handspring or a standing back handspring

USASF 2: Progression continues with round-off back handspring back tuck and jump to standing back handspring – minimum requirement is a proficient, independent multiple back handspring pass.

USASF 3: Progression continues with combination passes to layout, x-outs, standing back handspring back tuck – minimum requirement is a proficient independent round-off back handspring back tuck.

USASF 4: Progression continues with twisting skills leading up to full and double full layouts – minimum requirement is a proficient independent round-off back handspring layout.

USASF 5: Progression continues with combination passes to full and double, standing full – minimum requirement is a proficient independent round-off back handspring full and jump to standing tuck

CLASS TUITION CHART**

| Class Type | Tuition First Child | Tuition Second Child |
|-----------------|---------------------|----------------------|
| 30 Minute Class | \$45.00/month* | \$42.75/month |
| 45 Minute Class | \$65.00/month* | \$61.75/month |
| 60 Minute Class | \$75.00/month* | \$71.25/month |
| 90 Minute Class | \$95.00/month* | \$90.25/month |

CLASS DISCOUNTS (Discount does not apply to Evolution All Stars, Inc. team members):

Multiple Class Discount: Take two classes and received a \$5.00 discount off your total monthly tuition rate (example: two 60 minute classes each month - \$75.00 + \$75.00 = \$150.00 minus \$5.00 = \$145.00/month).

Multiple Child Discount: A 5% discount will be taken off the monthly tuition for your second child. Pay regular monthly rate for first child..

Name: _____ Age: _____ Grade: _____ Parent's Name: _____

Day #: _____ Evening/Cell #: _____ Best time to be reached: _____

Street: _____ City: _____ State: _____ Zip: _____

Please include your e-mail address(es) for updates: _____

Class #:1 Level: _____ Day: _____ Time: _____ Length: _____ **Class #:**2 Level: _____ Day: _____ Time: _____ Length: _____

All Absences require 24 hour notice in order to receive credit for a make-up class.

INITIAL PAYMENT:

Non-refundable Annual Insurance/Registration Fee (AIRF)*: (\$50.00) _____ * + Class Tuition: _____ ** = Initial amount due _____

The Annual Insurance Fee is due once a year. It must be kept current. The fee is \$45 per 2nd child or \$95 per family.

****TOTAL RECURRING MONTHLY FEE:** _____

Please select one payment option from below:

_____ Credit Card (CC) – please complete Credit Card Authorization below.

_____ Electronically debit checking or saving account (ACH) – please complete Authorization. The fee for any returned check is \$35.00 per occurrence.

_____ Cash or check – I decline to have my credit card charged and fully understand that there will be a service charge of \$10.00 over the monthly tuition rates.

Evolution Payment Agreement & Policies:

Credit Card/ACH Authorization Agreement: As the student or parent/legal guardian of _____, I understand that upon signing below that I will be enrolled in this payment program. Evolution Training Center, LLC (ETC) will make best business efforts to charge all monthly tuition rates by the 1st of every month but reserve the right to charge the agreed upon tuition rate anytime during the month. The authorization will bill on a month-to-month rollover basis until the contracted service period ends or until a written cancellation request is received by Evolution Training Center, LLC. **This cancellation notice must be received by the 20th of the month preceding the date of withdrawal from a class or program.** Personal credit card or banking information is confidential and will not be available to anyone for any other reason.

Credit Card Number _____ Expiration Date _____

Name on Card _____ 3-Digit CVS _____

Billing Address if different from Above _____

Cash or Check Basis: If I do not take advantage of the credit card authorization, I will be charged a service fee of \$10.00 in addition to the monthly tuition rate for training. I understand that payment is due by the first class of each month and a \$10.00 additional late fee will be charged if payment is received after the 7th day of the month. The fee for any returned check is \$35.00 per occurrence.

Absences, Make-ups & Withdrawal from Class/Program: I understand that all absences require a 24 hour cancellation notice and that the make-up must be taken within a month from the missed class. If class attendance falls below 4 members a 60 minute class will be reduced to 45 minutes and a 90 minute class will be reduced to 75 minutes. Evolution Training Center, LLC must be notified by the 20th of the preceding month if you or your child is planning to withdraw from a class or program. A Class Cancellation form must be filled out and returned to the front desk by the 20th of the preceding month. Failure to comply with this policy will result in a monthly tuition charge for that month.

Medical Release & Insurance/Registration Fee: I have completed the current *Medical Treatment Authorization and Liability Release Form* and paid the non-refundable annual Insurance and Registration Fee.

Photo Release: Evolution Training Center, LLC also has my permission to use photographs of myself or my child in advertisements to promote the gym or the services it provides.

Print Name: _____ Signature: _____ Date: _____