

LEARN or PERFECT  
A NEW Skill in 7 Weeks!

Evolution Training Center



# "Skills In Seven"

## Director's Series

7 week program of skill-focused, Director-lead sessions to fit the school year schedule

Limited to 5 athletes per Director Session

10 Intensive Director Sessions  
+  
5 Practices

\$525/athlete  
must have current registration

Pass and/or Standing Skills:  
-Back Handspring  
-Tuck/Flip  
-Full Twist

Call or email today to schedule a private evaluation session to qualify for the program  
Participation guarantees instruction of new skill, execution will vary by athlete